The Index is Cardiff and the Vale of Glamorgan's voluntary register for children and young people with disabilities or additional needs.

It’s good to have the right information and know what support is available.

Cardiff and the Vale of Glamorgan want you to have a full, happy, healthy life.

We want you to connect to services, take part in activities and have fun – that’s what The Index is for.

The Index lets you know about the services, activities and events happening in your area.
Key Achievements
April 2018 - March 2019

- **268 registrations**
- **64 Index eNews sent to families and professionals**
- **100+ ALN Specific Resources on Dewis Cymru**
- **12 monthly sessions held at Llandough and St David's Children's Centres**
- **Registration Form Simplified**
- **1 Service Regionalised**
- **500+ ALN specific Social Media posts**
- **200+ enquiries to The Index**
- **168 Information on childcare for children with additional needs improved**
- **4 newsletters produced**
- **6 Drop In Sessions Held for Carers in the Vale**
- **Outreach at Noah's Ark Established**
Regional Facts and Figures 2018 - 2019

390 registrations
April 2018 - March 2019

Highest Proportion of Children on The Index are 5 - 11 years

50% are under Speech Therapy

Over 50% are under a Paediatrician

32%

20% are under Dietetics

Over 60% have Communication and Socialisation Difficulties

Most Common Reasons for Signing up to The Index in Cardiff and the Vale

1. ASD
2. ADHD
3. Developmental Delay

The Index was established in Cardiff in April 2016

1,713 pupils in Cardiff have a Statement of Educational Need

The Index was established in the Vale in April 2012

363 pupils in the Vale have a Statement of Educational Need

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The Index was established in the Vale in April 2012

363 pupils in the Vale have a Statement of Educational Need
Cardiff Facts and Figures 2018 - 2019

Total of 617 on The Index in Cardiff by 31 March 2019

- 32% female
- 68% male

53% have a Statement
14% have a Social Worker
65% claim DLA / PIP
46% receive medication
11% wheelchair users

30% are on the Autism Spectrum
120 ALN specific enquiries
19% are from an ethnic minority

1 family receiving the newsletter in Welsh
5% English / Welsh Second Language

16% are using PECs
11% are using Makaton
26% of those new registrations have ASD
16% of those new registrations have ADHD
27% of new registrations were referred from FIS
22% of new registrations were referred from a health visitor

New!
268 registrations April 2018 - March 2019

- 26% Development Delay
- 18% Physical Disability / Chronic Illness
- 9% Learning Disability
- 9% Visual Impairment
- 8% Hearing Impairment
- 6% Speech / Language Difficulties
- 6% Behavioural / Emotional Difficulties
- 4% Communication / Socialisation
- 2% Autistic Spectrum Disorder

120 family receiving the newsletter in Welsh

27% of new registrations were referred from FIS
22% of new registrations were referred from a health visitor

16% are using PECs
11% are using Makaton

26% of those new registrations have ASD
16% of those new registrations have ADHD

New!
268 registrations April 2018 - March 2019

- 26% Development Delay
- 18% Physical Disability / Chronic Illness
- 9% Learning Disability
- 9% Visual Impairment
- 8% Hearing Impairment
- 6% Speech / Language Difficulties
- 6% Behavioural / Emotional Difficulties
- 4% Communication / Socialisation
- 2% Autistic Spectrum Disorder

120 family receiving the newsletter in Welsh

27% of new registrations were referred from FIS
22% of new registrations were referred from a health visitor

16% are using PECs
11% are using Makaton

26% of those new registrations have ASD
16% of those new registrations have ADHD
Vale Facts and Figures 2018 - 2019

Total of 692 on The Index in the Vale by 31 March 2018

- 21% have a Social Worker
- 26% have a Statement
- 32% claim DLA / PIP
- 9% wheelchair users
- 65% receive medication
- 44% are on the Autism Spectrum
- 5% are from an ethnic minority
- 1% English / Welsh Second Language
- 14% are using PECs
- 3% are using Makaton
- 29% of those new registrations have ASD
- 24% of those new registrations have ADHD
- 32% of new registrations were referred from FIS
- 22% of new registrations were referred from a health visitor

New! 122 registrations April 2018 - March 2019

500+ ALN specific posts
150+ ALN specific enquiries

0% Development Delay
33% Physical Disability / Chronic Illness
3% Learning Disability
16% Visual Impairment
12% Hearing Impairment
16% Speech / Language Difficulties
3% Behavioural / Emotional Difficulties
13% Communication / Socialisation
11% Autistic Spectrum Disorder
I think The Index is brilliant, I often pick up the newsletter, find things to do and say "right that's what we'll do today".

It's good to know there is somewhere to go for support.

When I first called The Index I was down, depressed and at the end of my tether. Since attending sessions promoted by The Index both my child and myself are so much happier, it was lovely to go somewhere and be accepted and not judged!

100% said The Index made a positive difference to their family.

Thank you so much for the information you sent. I have already booked the sensory room in Barry for this Monday! We will visit the Llantwit Sunshine Club too.

I really love The Index and I am looking forward to receiving the next newsletter as it has so much information in there that helps me.

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Priorities
April 2019 - March 2020

1. Produce a Family Friendly Leaflet
2. Host Coffee Mornings in Schools across Cardiff and the Vale
3. Produce Transition Information for 14 - 25 years
4. Develop a regional website
5. Develop an After School Information Session for Families
6. Add information sharing consent to partner referral forms to increase referrals
If you know of any groups, projects or services for those with additional needs that you think the rest of Cardiff and the Vale should hear about, then please let us know and we can promote them to families and professionals.

If you are supporting someone who would benefit from being included on The Index, then you can access a paper copy or online version of our registration form on our website.

Our webpages also have links to online versions of all of the quarterly newsletters that have been produced, and you can sign up to The Index eNews to receive regular updates.

We are always looking for new ways to reach out to families and professionals, so if you think it would be useful for us to talk to those that you work with, then get in touch. We can arrange to come along with information on our services and other relevant services.

The Index is funded by Welsh Government’s Families First initiative, and administered by the local Family Information Service in Cardiff and the Vale of Glamorgan.